



YOGA & FITNESS CLASS SCHEDULE

Yoga & Fitness Class Schedule Winter 2020

Wednesday	9:00 am	Yoga Pavilion
Thursday	10:30 am	Yoga Pavilion
Friday	10:30 am	Yoga Pavilion
Saturday	9:00 am	Yoga Pavilion

WELLNESS FEES:

Fitness & Yoga Group Class:
\$15.00 per person, per class.

Please be informed that 12% Spa & Hotel Tourism Tax is added to
your fitness service receipt.

Enjoy your Workout!

Yoga, Pilates, Fitness, Personal Training:

Personal Training

60 minutes: \$150.00 per person.

Personal Training

90 minutes: \$225.00 per person.

Additional Person:

\$75.00 per person.



THE SHORE CLUB

LONG BAY BEACH

#shoreclubtc
Reservations

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