

LUNCH MENU

SMALL PLATES

TUNA WONTONS

Marinated tuna, pickled ginger mayo, green onion, avocado, toasted sesame 22

LOCAL FISH CEVICHE

Marinated with fresh habanero oil, tomato, red onion, lime juice, cilantro 28

ISLAND CONCH FRITTERS

Calypso sauce, side of fresh salad 22

PALMS COCONUT SHRIMP

Crispy coconut shrimp, mango spicy mayo, mixed green salad 24

WATERMELON & FETA

Aromatic watermelon cubed, feta crumble, pistachio gremolata, balsamic glaze 20 ✓ 🥗

CORN TORTILLA CHIPS 18

PIZZA

PIZZA MARGHERITA ✓

Mozzarella cheese, tomato, basil leaves 22

PIZZA AI PEPPERONI

Sliced pepperoni, oregano, marinara sauce 28

AI PIZZA JERK CHICKEN ✓

Jamaican marinated chicken, marinara, Buffalo mozzarella 26

PIZZA DE QUESO

Marinara, Buffalo, mozzarella 22

WRAPS

GROUPEL WRAP

Spinach wrap tortilla, filled with pan seared grouper Fillet, quinoa, fresh spinach, passion fruit-ginger dressing, crispy red cabbage 28

JERK CHICKEN "JAMAICAN" WRAP

Flavorful chicken breast with a spicy touch, in a garlic wrap, grilled pineapple, arugula, roasted bell pepper dressing, Jerk mayo 28

SALADS

CLASSIC CAESAR

Romaine hearts, anchovy – Caesar dressing, Focaccia crouton, Parmesan cheese 21

Option to add:

Char grilled Chicken (10) or Shrimp (12)

GREEK SALAD

Feta cheese, bell peppers, tomato, black olives, red onion, herbs vinaigrette served with grilled pita bread 21 ✓

THE PALMS HOUSE SALAD

Mixed green, avocado, mango, cherry tomato, cucumber, Kalamata olives, balsamic vinaigrette 21 ✓

Option to add:

Char grilled Chicken (10) or Shrimp (12)

BURGER BAR

HOUSE BLENDED SIRLOIN BEEF 8oz 26

CRISPY CHICKEN BURGER 26

GARDEN VEGGIE BURGER 24 ✓

TOPPINGS & CHEESE

American, Cheddar, Swiss, Blue cheese, avocado, crispy bacon, Iceberg lettuce, arugula, vine tomato, dill pickle, red onion

Our burgers are served on a house baked sesame bun with fries

add **Green Salad** 4

Sweet Potato Fries 4

Gluten free bread is available, please ask your server

HEALTHY CHOICE

SALMON POKE BOWL

Salmon, sushi rice, avocado, mango chunks, baby radish, jalapeno, dry seaweed, sesame seeds, pickle ginger, chipotle dressing 32

DUET OF QUINOA AND AVOCADO BOWL

Black and white quinoa seeds, boiled chickpea, pomegranate, baby spinach, kale, chunky avocado, citrus dressing 24 

Kindly alert your server if you have any special dietary needs. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 15% service charge and 12% government tax will be added to your final check.



SPICY



VEGETARIAN



VEGAN



CONTAINS GLUTEN



CONTAINS NUTS



LUNCH MENU

SPECIALTIES

JERK CHICKEN WINGS

Spiced jumbo grilled chicken wings, pineapple – habanero glaze served with fries 26

PALMS STYLE FISH & CHIPS

Guinness beer tempura battered local caught, house tartar sauce, coleslaw, served with fries 34

BAJA STYLE FISH TACOS

Flour tortilla, grilled fish, cabbage slaw, Baja sauce, carrot julienne, cilantro, sour cream, “Pico de Gallo “, served with fries 28

MUMBAI STYLE BUTTER CHICKEN

Indian spiced red tomato gravy, garlic naan bread, raita 34

DESSERTS

CLASSIC KEY LIME PIE

Creamy key lime custard, graham crust, Raspberry sorbet 14

NEW YORK CHEESECAKE

Creamy classic cheesecake, strawberry compote, mango sorbet 14

CARIBBEAN CHOCOLATE RUM CAKE

Layers of moist chocolate sponge, infused with rum flavor, layered butter rum frosting, vanilla ice cream 14

TROPICAL FRESH FRUIT 14

ICE CREAM/ SORBET

Choose 2 scoops of our daily special homemade favorites 12

KIDS MENU DRINKS

Lemonade 12

Frozen Lemonade 12

Milkshakes 12

Chocolate, strawberry, or vanilla smoothies 12

Strawberry-banana, mango, or mixed berry

Juice 7

Apple, orange, pineapple, cranberry

KIDS STARTER

Guacamole & Chips 10

House made, served with tortilla chips

Crudités 10

Baby carrots, cucumber, celery, ranch dip

Garden Salad 12

Mixed greens, carrots, cherry tomatoes, mango, cucumber

MAIN DISHES

Cheese Quesadilla 14

Served with sour cream and pico de gallo

Chicken Tenders 14

Crispy breaded chicken, fries, cucumber slices and ranch dip

Mahi Tacos 16

Crispy mahi in flour tortillas with tomato Salsa, crisp lettuce and cilantro sour cream sauce served with fries

Penne Butter 16

Creamy butter, shaved parmesan

SWEETS

Chocolate Fudge Brownie 10

Rich chocolate brownie with vanilla ice cream

Cookie Monster 10

Two house baked cookies —

Choice of chocolate chip or short bread cookies

Fruit Salad 10

Honeydew melon, cantaloupe watermelon, pineapple, mango sorbet