

LUNCH MENU

SMALL PLATES

TUNA WONTONS

Marinated tuna, pickled ginger mayo, green onion, avocado, toasted sesame 22

LOCAL FISH CEVICHE

Marinated with fresh habanero oil, tomato, red onion, lime juice, cilantros 24

ISLAND CONCH FRITTERS

Calypso sauce, side of fresh salad 22

PALMS COCONUT SHRIMP

Crispy coconut shrimp, mango spicy mayo, mixed green salad 22

WATERMELON & FETA

Aromatic watermelon cubed, feta crumble, pistachio gremolata, balsamic glaze 20 ✓ 🥗

CORN TORTILLA CHIPS 16

BURGER BAR

HOUSE BLENDED SIRLOIN BEEF 8oz 26

BLACKENED SNAPPER 25

GARDEN VEGGIE BURGER 22 ✓

TOPPINGS & CHEESE

American, Cheddar, Swiss, Blue cheese, avocado, crispy bacon, Iceberg lettuce, arugula, vine tomato, dill pickle, red onion

Our burgers are served on a house baked sesame bun with fries

add **Green Salad** 4

Sweet Potato Fries 4

Gluten free bread is available, please ask you server

HEALTHY CHOICE

SALMON POKE BOWL

Salmon, sushi rice, avocado, mango chunks, baby radish, jalapeno, dry seaweed, sesame seeds, pickle ginger, chipotle dressing 26

DUET OF QUINOA AND AVOCADO BOWL

Black and white quinoa seeds, boiled chickpea, pomegranate, baby spinach, kale, chunky avocado, citrus dressing 22 

SALADS

CLASSIC CAESAR

Romaine hearts, anchovy – Caesar dressing, Focaccia crouton, Parmesan cheese 19

Option to add:

Char grilled Chicken (10) or Shrimp (12)

GREEK SALAD

Feta cheese, bell peppers, tomato, black olives, red onion, herbs vinaigrette served with grilled pita bread 21 ✓

THE PALMS HOUSE SALAD

Mixed green, avocado, mango, cherry tomato, cucumber, Kalamata olives, balsamic vinaigrette 19 ✓

Option to add:

Char grilled Chicken (10) or Shrimp (12)

WRAPS

GROUPEL WRAP

Spinach wrap tortilla, filled with pan seared grouper Fillet, quinoa, fresh spinach, passion fruit-ginger dressing, crispy red cabbage 25

JERK CHICKEN “JAMAICAN” WRAP

Flavorful chicken breast with a spicy touch, in a garlic wrap, grilled pineapple, arugula, roasted bell pepper dressing, Jerk mayo 25

CHICKEN CAESAR WRAP

Classic Caesar salad, grilled chicken, Parmesan cheese, crispy bacon, Calypso sauce (All wraps served with Fries or Salad) 25

PIZZA

PIZZA MARGHERITA

Mozzarella cheese, tomato, basil leaves 20 ✓

PIZZA AI FUNGI

Wild mushroom, creamy mascarpone, buffalo mozzarella 24 ✓

PIZZA AI PEPPERONI

Sliced pepperoni, oregano, marinara sauce 24

AL FRUTTI DI MARE

Mixed seafood, tomato sauce, Mozzarella cheese, fresh Basil 26

Kindly alert your server if you have any special dietary needs. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 15% service charge and 12% government tax will be added to your final check.





LUNCH MENU

SPECIALTIES

JERK CHICKEN WINGS

Spiced jumbo grilled chicken wings, pineapple – habanero glaze served with fries 26

PALMS STYLE FISH & CHIPS

Guinness beer tempura battered local caught, house tartar sauce, coleslaw, served with fries 28

BAJA STYLE FISH TACOS

Flour tortilla, grilled fish, cabbage slaw, Baja sauce, carrot julienne, cilantro sour cream, “Pico de Gallo”, served with fries 28

CHICKEN WAFFLE

Belgium waffle, topped with crispy fried chicken, drizzled with spiced Maple syrup, and honey crisps 28

MUMBAI STYLE BUTTER CHICKEN

Indian spiced red tomato gravy, garlic naan bread, raita 28

PASTA

VEGETABLE SPAGHETTI

Aromatic vegetable, pesto sauce, chili flakes, shaved parmesan 28 ✓

LASAGNA BOLOGNESE

Infused with smoked ham, pomodoro sauce and fresh basil 30

DESSERTS

CLASSIC KEY LIME PIE

Creamy key lime custard, graham crust, Raspberry sorbet 14

NEW YORK CHEESECAKE

Creamy classic cheesecake, strawberry compote, mango sorbet 14

CARIBBEAN CHOCOLATE RUM CAKE

Layers of moist chocolate sponge, infused with rum flavor, layered butter rum frosting, vanilla ice cream 14

TROPICAL FRESH FRUIT 12

ICE CREAM/ SORBET

Choose 2 scoops of our daily special homemade favorites 12

KIDS MENU DRINKS

Lemonade 6

Frozen Lemonade 6

Milkshakes 12

Chocolate, strawberry, or vanilla smoothies 12

Strawberry-banana, mango, or mixed berry

Juice 6

Apple, orange, pineapple, cranberry

KIDS STARTER

Guacamole & Chips 8

House made, served with tortilla chips

Crudités 8

Baby carrots, cucumber, celery, ranch dip

Garden Salad 12

Mixed greens, carrots, cherry tomatoes, mango, cucumber

MAIN DISHES

Cheese Quesadilla 14

Served with sour cream and pico de gallo

Mini Sliders 14

4oz. beef patty, sesame seed bun, cheddar cheese, lettuce, tomato, served with fries

Chicken Tenders 14

Crispy breaded chicken, fries, cucumber slices and ranch dip

Mahi Tacos 16

Crispy mahi in flour tortillas with tomato Salsa, crisp lettuce and cilantro sour cream sauce served with fries

Penne Butter 16

Creamy butter, shaved parmesan

Mini Pizza 16

Margherita, cheese, or pepperoni individual sized pizza

SWEETS

Chocolate Fudge Brownie 10

Rich chocolate brownie with vanilla ice cream

Cookie Monster 10

Two house baked cookies —
Choice of chocolate chip or short bread cookies

Fruit Salad 10

Honeydew melon, cantaloupe
watermelon, pineapple, mango sorbet

BEVERAGE MENU

HOPS

ABV - Alcohol By Volume

DOMESTIC

DRAFT: 7

Turks Head I-Ain-Ga-Lie lager (ABV 4.8%)
Turks Head I-Soon-Reach light lager (ABV 4.2%)

BOTTLE: 7

Turks Head I-Ain-Ga-Lie lager (ABV 4.8%)
Turks Head Down-Da-Road IPA (ABV 6%)
Turks Head Gon-Ta-Nort amber ale (ABV 6%)
Turks Head I-Soon-Reach light lager (ABV 4.2%)

IMPORTED 9

Corona Extra pale lager (ABV 4.6%) | Mexico
Coors Light light lager (ABV 4.2%) | USA
Heineken pale lager (ABV 5%) | The Netherlands
Red Stripe pale lager (ABV 4.7%) | Jamaica
Presidente lager (ABV 5%) | The D.R.
Presidente Light light lager (ABV 4.3%) | The D.R.
Heineken 0.0 non-alcoholic (ABV 0.3%) |
The Netherlands 7

BEER BUCKET (6 bottles)

Domestic 36
Imported 48

SIGNATURE COCKTAILS

FROZEN DAIQUIRI

Strawberry | Mango | Banana
Aged rum, lime juice, sugar syrup 16

FROZEN MARGARITA

Lime | Berry
Tequila, triple sec, lime juice, sugar syrup 17

FROZEN COLADA

Piña Colada | Strawberry | Mango
Amber rum, lime, pineapple, coconut 16

STORM IN PROVO

Amber rum, mango puree, lime juice,
ginger beer 16

RASPBERRY SPRITZ

Vodka, limoncello, raspberries, bitters,
soda water 17

APEROL SPRITZ

Aperol, prosecco, soda water 17

PALOMA

Tequila, grapefruit juice, lime, agave, grapefruit soda,
bitters 18

POOLSIDE PUNCH

Dark and coconut rum, pineapple, lime, banana
liqueur, cranberry 15

NON ALCOHOLIC

SOFT DRINKS

Coca-Cola | Diet Coke | Sprite |
Ginger Ale | Club Soda | Tonic

CHILLED JUICES

Orange | Apple | Pineapple |
Cranberry | Tomato

ICED TEA 6

FRUIT SMOOTHIE

Strawberry | Mango | Banana |
Pina Colada | Wild Berry

MILKSHAKE

Chocolate | Strawberry | Vanilla | Coffee

STRAWBERRY LEMONADE

Muddled strawberry, lemon, mint

CUCUMBER COOLER

Cucumber, green apple, mint

PREMIUM WATER

Fiji natural artesian
S.Pellegrino sparkling

GRAPES

BUBBLES

	Gls.	Btl.
Piper-Heidsieck, Cuvée Brut, France, NV	22	99
Caposaldo, Brut Prosecco, Italy, NV	18	79
Möet & Chandon, Imperial, Epernay, France, NV		136
Veuve Clicquot, Brut Yellow Label, Reims, France, NV		140

WHITE

Paul Mas Reserve, Chardonnay, Pays d’Oc, France 2020	17	81
Borgo Molino, Pinot Grigio, Veneto, Italy, DOC, 2020 14	14	60
Borgo Molino, Ciari, Sauvignon Blanc Veneto, Italy, 2018	17	81

RED

Corte Delle Rose, Merlot, Italy, 2020	16	75
Coastal Estates, Pinot noir, California, USA, 2021	16	78
Bogle, Cabernet Sauvignon, California, USA, 2020	16	80

ROSÉ

Crazy Tropez, Côtes de Provence, France, AOP, 2021	14	65
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