

The background of the entire page is a light beige color with a subtle, embossed texture of palm fronds. One large frond is visible in the upper left, and another is in the lower right, both rendered in a slightly darker shade of the background color.

the spa
AT THE PALMS

Bespoke Experiences

The following treatments have been designed exclusively for The Spa at The Palms and when combined make for a magical spa day. Choose one, many or all for the most unique and wonderful experience imaginable.

MOTHER OF PEARL SCRUB | 90 Minutes

A blend of precious hand-crushed local queen conch shells and sea salts is mixed with our signature aromatherapy blend to polish your skin to perfection. It's followed by a one-hour massage and application of our mother of pearl body milk, leaving your skin silky soft and revitalized. A true island experience.

MOONLIGHT AND STARS | 90 Minutes

The perfect way to end a day in paradise. Enjoy a dry exfoliation followed by a customized aromatherapy massage for two in the privacy of your **Oceanview Suites & Penthouses** patio with the sound of the sea as accompaniment. Prolong the delight with champagne and chocolate-covered strawberries under the canopy of stars. The ultimate indulgence to enjoy with the special person in your life.

THE PALMS HEALING TOUCH | 90 Minutes

Our unique massage experience was designed especially for The Spa at The Palms. Let your breath deepen and your mind relax as you drift away into a state of inner harmony. Your therapist repeatedly visits the areas of tension in your body, blending therapeutic massage techniques and methods from around the world. Harmony is achieved by never losing the connection of touch, combined with rhythmic movements that move deeply into tired muscles.

FOUR PALMS RESTORATIVE MASSAGE | 60 Minutes | 90 Minutes

Can you imagine a more decadent massage? The Four Palms has been specifically choreographed for complete relaxation. You will enjoy two therapists working on you simultaneously, providing a synchronized massage experience that envelops you in energy and rejuvenation.



Traditional Massage Treatments



DEEP TISSUE MASSAGE | 60 Minutes | 90 Minutes

This bodywork massage includes deep tissue and sports techniques to promote the release of toxins and alleviates recurring muscle tension and pain.

SWEDISH MASSAGE | 60 Minutes | 90 Minutes

The classic massage relieves tension and soothes tired muscles, improving muscle tone for increased blood circulation.

TARGETED MASSAGE | 30 Minutes

Personalized to the area that you want targeted.

CUSTOM MASSAGE | 60 Minutes | 90 Minutes

A tailor-made treatment designed for your individual needs and pressure.

MAMA MIA MASSAGE | 60 Minutes | 90 Minutes

Enjoy the benefits of this relaxing prenatal massage that uses advanced techniques for a feeling of comfort and well-being.

COUPLES MASSAGE | 60 Minutes | 90 Minutes

The perfect spa experience to share with your loved one in our Couples' Suite.

ROCKS OF THE CARIBBEAN | 60 Minutes | 90 Minutes

A deeply relaxing treatment that uses heated basalt stones placed along the spine to melt away tension. Additional stones are used to warm large muscles of the body to enhance the traditional Swedish massage and deeper strokes that follow.

BALINESE MASSAGE | 90 Minutes

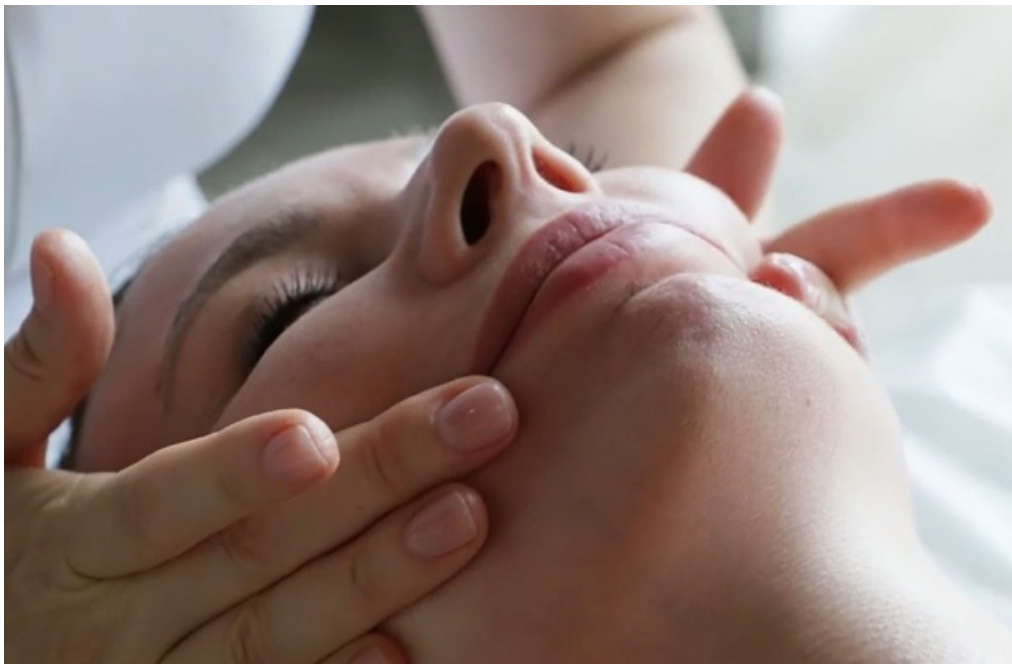
This Indonesian massage begins with a gentle scrub of the back and incorporates fragrant oils and scents with Balinese, Chinese, Hindu and European methods. Techniques are choreographed into a rhythmic, relaxing and energising massage experience.

THAI MASSAGE | 90 Minutes

Traditional Thai massage is one of the oldest and most revered healing arts in the world, providing a natural and holistic approach to health and well-being. Your therapist will use a variety of techniques to create a gentle, deep stretch of major muscle groups and an amazing release of muscle tension. Please wear comfortable and loose-fitting clothing.

SHIATSU MASSAGE | 60 Minutes | 90 Minutes

This Japanese pressure-point massage is designed to open energy pathways along the meridians of the body, improving the flow of chi. Based on ancient Chinese medicine, the combination of acupressure and stretching calms the nervous system, releases muscle tension and improves circulation.



REFLEXOLOGY | 30 Minutes | 60 Minutes

Reflex zones in the hands and feet correspond to specific organs, glands and other vital systems. Reflexology uses these reflex zones to stimulate the body to rebalance itself through the release of blocked energy and toxic invaders. Improves circulation and the delivery of oxygen and nutrients to the entire body for better health.

LING NEOLIFTING FACIALS | 60 Minutes | 90 Minutes

Neolifting is more than just a beauty technique; it's a transformative technique that enhances both physical appearance and psycho-emotional well-being. It works by manipulating facial muscles, while positively influencing the psycho-emotional state and the nervous system. This innovative procedure acts as a non-invasive facelift technique that offers a powerful alternative to injectables and not only reduces wrinkles, but also improves skin tone and elasticity, contours the facial oval and defines cheekbones.





Tata Harper Facials

PALMS – ULTIMATE FACIAL | 90 Minutes

Enjoy an immediate camera-ready glow with the Palms ultimate organic facial, designed to reduce multiple visible signs of ageing. Our triple-mask system acts on each level of the skin, delivering lifting, hydrating and correcting effects. Revive tired eyes with our proprietary thermal eye therapy to reduce signs of ageing and produce a rested look. This facial lifts and firms, revealing a flawless radiance.

ISLAND – CITRUS ORGANIC FACIAL | 60 Minutes | 90 Minutes

Total rejuvenation and radiance. An infusion of botanical vitamins, minerals, omegas and antioxidants naturally provides environmental protection and nutrition to help skin achieve a luminous, healthy glow. The perfect facial to meet the essential needs of your skin, delivering immediate and long-lasting results.

BREEZE – DETOX FACIAL | 60 Minutes

This treatment provides a comprehensive detoxification for your skin, powered by fruit enzymes, purple clay and essential oils. For spotlessly clean skin and a radiant complexion, this facial revitalizes and restores tone and vitality with a balance of essential oils and antioxidants. The result is a face that is hydrated, purified and deeply cleansed.

AWARD-WINNING BRIGHTENING FACIAL | 90 Minutes

A radiant glow for a special night. Get your best glow with no down-time with our 100% natural multi-acid peel, crafted to deliver a flawless looking complexion using an innovative blend of multi-hydroxy acids. Your skin will feel transformed as this ritual instantly reveals a more luminous looking tone and smooth, even texture for radiant, event-ready skin.





HydraFacials™

HYDRAFACIAL™ | 90 Minutes

This is an advanced, non-surgical resurfacing treatment that delivers amazing results with no discomfort or downtime. This treatment targets fine lines and wrinkles; congested, oily and acne prone skin; rosacea and hyper pigmentation. It softens the appearance of large pores, improves skin texture and tone, and helps repair existing sun damage with the Vortex-Fusion of antioxidants, peptides and hyaluronic acid. HydraFacial™ is recommended for all skin types.

THE ESSENTIAL | 60 Minutes

In addition to the Booster facial, LED therapy is used to stimulate collagen production, kill bacteria, reduce fine lines and even skin tone.

THE BOOSTER | 30 Minutes

This rejuvenating treatment includes a thorough cleansing, vacuum extractions and advanced hydration. Ideal for skin health maintenance, this non-invasive treatment leaves your skin glowing and supple.

SIGNATURE BACK | 30 Minutes

Deeply cleanse, exfoliate, extract and hydrate the back.

THE PERK

The Perk uses a unique hybrid system with roller-flex technology to gently remove surface dead skin cells and impurities while delivering vital antioxidants. The remaining product is yours to take home for continued treatment.

FACE | 15 Minutes

Exfoliates and nourishes with antioxidants for a gorgeous glow.

LIPS | 15 Minutes

Lightly plumps and locks in moisture to reveal a perfect pout.

EYES | 15 Minutes

Brightens and awakens the delicate area.





Voya Facials

MARINE DELUXE ORGANIC FACIAL | 90 Minutes

This revolutionary seaweed facial is a truly indulgent treatment. It begins with a back exfoliation and back massage. Then for the organic facial, we use finely ground wet organic seaweed to gently exfoliate your skin and then place freshly harvested organic seaweed leaves over a warm poultice seaweed mask. Finally, we combine the mask with a light massage.

MARINE ANTI-AGEING FACIAL | 60 Minutes | 90 Minutes

This anti-ageing restorative facial is designed using the finest organic ingredients combined with antioxidant algae complexes and a restorative blend of aromatherapy oils. It's this mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This facial results in instantly firmed and tightened skin with a natural and more radiant glow. Suitable for all skin types.

MARINE DISCOVERY FACIAL | 60 Minutes

This incredible, organic facial deeply detoxifies, thoroughly revitalizes and helps to even skin tone with increased clarity. Tailored to your skin type, this treatment incorporates a relaxing facial massage that releases any build-up of toxins to improve radiance and restore a glowing complexion.



Zareeba | 90 Minutes

Zareeba, meaning “protected enclosure,” is an indigenous herbal steam cleansing, detoxification and meditative ritual. A practicing Caribbean herbalist designed this uniquely personal and powerful holistic experience exclusively for The Spa at The Palms.

It begins with a foot ritual, using a blend of precious, hand-crushed, local queen conch shells and essential oil. While seated in the Zareeba, you will be presented with a clay pot filled with freshly brewed therapeutic herbs and a wand to blend them. The rhythm and rate at which you stir the herbs produces the intensity and amount of herbal steam you will inhale. A cool down moment and a one-hour The Palms Healing Touch massage with organic oil completes this purification ritual and produces a balanced sense of well-being.

DOGWOOD (JAMAICAN) – PISCIDIA PISCIPULA

Beneficial for skin rashes, skin infections, influenza, and as a blood purifier/cleanser.

CERASEE – MOMORDICA CHARANTIA

Beneficial for skin infections, tiredness, and as a blood purifier/cleanser.

ROSEMARY (WILD) – CROTON LINEARIS

Beneficial for colds, fever and muscle pain.

LEMON (OR LIME) – CITRUS LIMONUM

Beneficial for toning the skin, cleansing and detoxifying the liver, fatigue and/or exhaustion.

GINGER – ZINGIBER OFFICINALE

Beneficial for nausea, muscle pain and soreness.

PIMENTO (A.K.A. ALLSPICE) – PIMENTA OFFICINALIS

Beneficial for rheumatic pain, exhaustion, and fungal infections.

BASIL (WILD) – OCIMUM MICRANTHUM

Beneficial for excessive perspiration, fever, earache and eye problems (e.g. cataracts/conjunctivitis).



EUCALYPTUS – EUCALYPTUS

Beneficial for sinus congestion, has antibacterial qualities.

GUACO BUSH – MIKANIA

Beneficial for colds, influenza, cleansing the skin and skin itching/rashes.

LEMONGRASS/FEVERGRASS – CYMBOPOGON CITRATUS

Beneficial for backache, muscle spasms, excessive perspiration, coughs, and fever.

LIGNUM VITAE (A.K.A. TREE OF LIFE) – GUAIACUM OFFICINALE

Beneficial for weakness of joints, gout, rheumatic and arthritic pain.

PEPPER ROD – CROTON HUMILIS

Beneficial for fever, sinus congestion, and lung problems.

VERVAIN (BLUE) – STACHYTARPHETA JAMAICENSIS

Beneficial for fever, sunstroke/heat exhaustion, bronchial problems, nervousness, influenza, colds, and general aches and pains.



Scrubs

PINK SANDS OF SAHARA BODY SCRUB

60 Minutes | 90 Minutes

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with our exquisite Moroccan whipped body butter polish that will transport you to a complete state of relaxation and well-being.

CITRUS SCRUB | 60 Minutes

Feel the citrus energy that eliminates dead skin cells and reveals an extraordinarily radiant and protected skin. This sensory treatment polishes skin with highly effective exfoliating agents.

BLADDERWRACK BODY SCRUB | 60 Minutes

Bladderwrack is a form of kelp that has been used medicinally for centuries. Our organic bladderwrack body buff is the ultimate treat for tired, dull skin. The bladderwrack seaweed is combined with massage oils to offer an all over body scrub. After your treatment, enjoy a light shower and an application of Softly Does It, a luxury organic body cream.

O2 BAMBOO SCRUB | 60 Minutes

Be transported by the essence of sandalwood, myrrh and cardamom and restore hydration and elasticity with an ultra-nourishing oxygen oil.

Exfoliate your body and pamper your senses with a treatment based on bamboo micro-fibers that soften and re-mineralize your skin. You will leave the treatment room with renewed vitality as well as firmer and intensely hydrated skin.

Wraps

SUN REJUVENATION WRAP | 60 Minutes

Rehydrate sunburnt skin with a soothing application of mint, cucumber, yogurt, honey and lemon. While cocooned, the healing nutrients infuse into your skin as you enjoy a face and scalp massage.

KALAHARI MELON HYDRATION WRAP | 60 Minutes

Our nourishing body treatment extracts impurities while exfoliating the skin. Boosting the immune system, promoting metabolism and stimulating the lymphatic system. This treatment concludes with an application of our hydrating body balm.

OCEAN ESSENCE WRAP | 60 Minutes

A treatment to detoxify the skin and stimulate the renewal of damaged cells. A full body buff scrub of serrated wrack and knotted wrack promotes skin tone and lustre. The combination of these two powerful seaweeds acts as an excellent skin rejuvenator, combating cellulite and muscle fatigue and producing a silky moisturizing effect.

ORGANIC SEAWEED WRAP | 60 Minutes

This seaweed wrap is the crème de la crème of body wraps, using fresh leaves of Atlantic seaweed as a cocoon, to deeply detoxify, moisturize, soften and revive the body.



Fit Body Wrap



INFRARED BODY MELT TREATMENT | 60 Minutes

Rest and recharge while enveloped in warm, soothing infrared heat that not only provides deep relaxation, and eases aches and pains, but also burns calories, improves skin elasticity, fights cellulite, and refreshes your skin.

BODY MELT PAIN RELIEF TREATMENT | 30 Minutes

Relax while enveloped in warm, soothing infrared heat that melts away muscle, nerve, and joint pain. Safe, natural far infrared rays penetrate up to 1.5" into your body to alleviate every little ache, while you rest and recharge.

**Benefits include weight loss, increased metabolism, and complete mind and body wellness.*

Cryoskin

CRYOSKIN

CRYOSLIMMING

Destroy fat and lose inches, all in 28 minutes. Average fat loss is 38% over 5 sessions. During a Cryoskin slimming treatment the skin is warmed then rapidly cooled. Results are immediate but we recommend 5 sessions for the best results.

CRYOTONING

A Cryoskin toning treatment uses cold temperatures to increase oxygen which stimulates collagen production to tighten skin and improve skin elasticity.

CRYOFACE

A Cryoskin facial uses cool temperatures to widen the blood vessels, increasing blood flow. This increase in oxygen supply boosts collagen production, reduces the appearance of wrinkles and pores and improves skin elasticity. A natural, non-invasive way to look younger and more radiant.

CRYOCELLULITE

Say goodbye to cellulite. Cold temperatures widen the blood vessels, increasing oxygen supply. This boosts collagen production which breaks down cellulite, leaving you with smooth, dimple free skin.

**For the best results, we recommend 5 sessions over a 10 week period.*

Spa Packages

THE TROPICAL DETOX

If you are serious about detoxing, then this is the one for you, to cleanse and detoxify from inside out and outside in. Start with a session in the sauna, then we exfoliate the whole body, followed by the spa's signature Zareeba, an amazing herbal infusion and massage treatment. We finish with an organic facial treatment to leave you thoroughly rejuvenated.

COUPLE'S CEREMONY

Spa together in our Couples' Suite enjoying side-by-side Citrus Scrubs, followed by one-hour Swedish massages and finishing with a glass of bubbly.

BLISSFUL RETREAT

Spend the day with us to de-stress and relax. Start with a Swedish massage followed by an organic facial treatment. After your spa lunch in the garden, your hands will be manicured, your feet pedicured, and finally, our stylist will shampoo and style your hair, leaving you looking and feeling your very best.

Salon Services

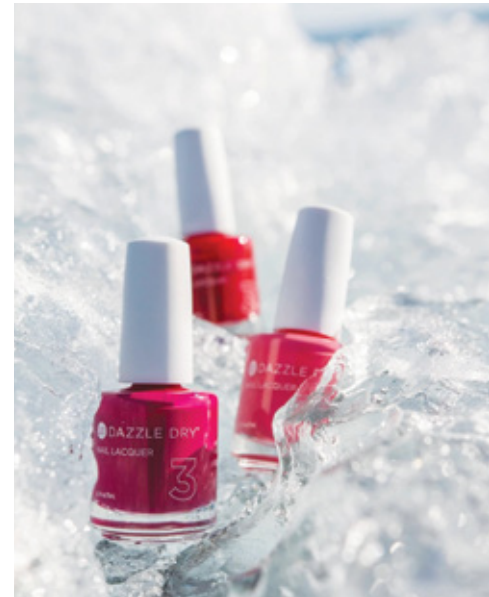
Dazzle Dry creates flawless nails without flawed ingredients. This nail care system is vegan, nontoxic and hypoallergenic, making it ideal for even the most sensitive skin types. It dries hard to the touch in only 5 minutes!

CLASSIC MANICURE AND PEDICURE | 105 Minutes

Our express route to perfect hands and feet. Soak your nails in a luxurious and fragrant hydrating bath followed by a relaxing massage, finished with the polish color of your choice.

CARIBBEAN BLISS MANICURE AND PEDICURE | 135 Minutes

This deluxe experience includes a salt hand exfoliation, a cuticle treatment, and a hydrating hand massage. It is followed by a deeply moisturizing foot massage with pure organic oil and finishes with the application of lotion. Includes a paraffin treatment.



CLASSIC MANICURE 45 Minutes | CLASSIC PEDICURE 60 Minutes

CARIBBEAN BLISS MANICURE 60 Minutes | CARIBBEAN BLISS PEDICURE 75 Minutes

Waxing

**HALF LEG | FULL LEG | HALF ARM | FULL ARM | UNDERARMS | BIKINI LINE | BRAZILIAN
EYEBROWS | LIP | CHIN | LIP AND CHIN | CHEST | BACK**

Hair Services

SHAMPOO / BLOW DRY / STYLE
Short | Medium | Long

Men's Therapy

GENTLEMAN'S FACIAL | 60 Minutes

This deep-cleansing and revitalizing facial experience is designed specifically for the special needs of men's skin, including razor burn. Additional care is taken to analyze the skin for sensitivities. To complete the treatment, a face, neck and shoulder massage is performed, creating the traditional barber experience, without the shave.

SPORTS MAN-E-CURE | 45 Minutes

Smooth away the rough edges of an active lifestyle with this detailed nail care.

SPORTS PEDICURE | 60 Minutes

Feet really get a workout, and this treatment will keep yours healthy and handsome.

Wellness

PERSONAL TRAINING / YOGA / PILATES / MEDITATION

PRIVATE CLASSES | 60 Minutes | 90 Minutes

GROUP CLASSES | 60 Minutes

Also, at the Spa

FITNESS CENTRE AND YOGA STUDIO

The Fitness Centre and Yoga Studio are located in The Spa at The Palms, offering Cybex equipment as well as free weights. Personal training, private and group classes for yoga, Pilates and meditation are available.

LIFESTYLE SHOP

The Spa at The Palms retail area carries an exclusive range of spa products for the skin and body that make it possible to continue all the benefits of your treatment once you leave. Clothing and gift items are also available for purchase.

THE SPA AT THE PALMS EXPERIENCE

We are committed to providing a spa experience that extends far beyond the treatment itself. The following details will help you make the most of your time with us.

YOUR ARRIVAL

We recommend arriving at least 30 minutes prior to your scheduled treatment times. Upon arrival, you will receive a spa welcome experience and a tour of the facilities. You will also have time to enjoy the lounge and relaxation area amenities prior to your treatment. We recommend you leave valuables in your hotel safe.

SPA ATTIRE

You will be presented with a comfortable robe and spa slippers to use at the spa. Unless indicated in the treatment description, remove clothing to your level of comfort for your services. Disposable undergarments are provided for wet treatments.

QUIET SPACE

We have created a meditative oasis for peaceful relaxation. Therefore, we ask that you step outside the main spa gates to use your cell phones and that you respect the quiet of other guests while using the facilities.

THIS IS YOUR TIME

The spa receptionist will provide you a guest intake form giving you the opportunity to list any allergies, medical conditions as well as share what you expect from your spa treatment. We invite you to also communicate with your therapist during your service so adjustments can be made for your comfort and safety.

MINIMUM AGE

No one under the age of 14 is allowed beyond the spa reception area.

APPOINTMENTS

For reservations please call: 649.946.8666, 649.946.8667 (direct) or email us at: SpaReservations@ThePalmsTC.com. Due to the popularity of our spa services, we strongly recommend you schedule your spa experience prior to your arrival or at your earliest convenience so we are able to confirm the day and time of services that fits best with the rest of your vacation plans.

CANCELLATION POLICY

To avoid a cancellation full charge, please contact the spa reception to change or cancel spa services at least six hours in advance of your scheduled service.

SERVICE CHARGE AND GRATUITIES

For your convenience a 12% tax and 18% service charge will be automatically added to your spa service receipt. You may leave an additional gratuity for team members who deliver exceptional service.

Zareeba	90 Minutes	\$295
Mother of Pearl Scrub	90 Minutes	\$295
Moonlight and Stars (For Two)	90 Minutes	\$595
The Palms Healing Touch	90 Minutes	\$295
	Series of 3	\$750
Four Palms Restorative Massage	60 Minutes	\$310
	90 Minutes	\$450

Deep Tissue Massage	60 Minutes	\$195
	90 Minutes	\$290
Swedish Massage	60 Minutes	\$190
	90 Minutes	\$280
Targeted Massage	30 Minutes	\$110
Custom Massage	60 Minutes	\$195
	90 Minutes	\$295
Mama Mia	60 Minutes	\$190
	90 Minutes	\$280
Couples Massage	60 Minutes	\$395
	90 Minutes	\$595
Rocks of the Caribbean	60 Minutes	\$215
	90 Minutes	\$320
Balinese Massage	90 Minutes	\$295
Thai Massage	90 Minutes	\$295
Shiatsu Massage	60 Minutes	\$195
	90 Minutes	\$280
Reflexology	30 Minutes	\$120
	60 Minutes	\$195

Hydrafacial	90 Minutes	\$395
The Essential	60 Minutes	\$295
The Booster	30 Minutes	\$150
Signature Back	30 Minutes	\$150

Face	15 Minutes	\$75
Lips	15 Minutes	\$55
Eyes	15 Minutes	\$55

For your convenience a 12% Tax and 18% Service Charge will be automatically added to your spa service receipt. You may leave an additional gratuity for team members who deliver exceptional service.

Non-Invasive Facelift	90 Minutes	\$350
	60 Minutes	\$300

Marine Deluxe Organic Facial	90 Minutes	\$335
Marine Anti-Aging Facial	60 Minutes	\$220
	90 Minutes	\$330
Marine Discovery Facial	60 Minutes	\$215

Palms Ultimate Facial	90 Minutes	\$330
Island Citrus Organic Facial	60 Minutes	\$220
	90 Minutes	\$315
Breeze Detox Facial	60 Minutes	\$215
Award-Winning Brightening Facial	90 Minutes	\$395

Pink Sands of Sahara	60 Minutes	\$200
	90 Minutes	\$300
Citrus Scrub	60 Minutes	\$200
Bladderwrack Body Scrub	60 Minutes	\$225
02 Bamboo Scrub	60 Minutes	\$200

Sun Rejuvenation Wrap	60 Minutes	\$200
Kalahari Melon Wrap	60 Minutes	\$200
Ocean Essence Wrap	60 Minutes	\$225
Organic Seaweed Wrap	60 Minutes	\$225

Infrared Body Melt Treatment	60 Minutes	\$195
Body Melt Pain Relief Treatment	30 Minutes	\$95

CryoSlimming	Single Session	\$385
	5-Pack	\$1,60
CryoToning	Single Session	\$385
	5-Pack	\$1,60

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Classic Manicure & Pedicure	105 Minutes	\$110
Caribbean Bliss Manicure & Pedicure	135 Minutes	\$145
Classic Manicure	45 Minutes	\$60
Classic Pedicure	60 Minutes	\$75
Caribbean Bliss Manicure	60 Minutes	\$75
Caribbean Bliss Pedicure	75 Minutes	\$110

Half Leg	\$55	Eyebrows	\$30
Full Leg	\$85	Lip	\$25
Half Arm	\$50	Chin	\$25
Full Arm	\$65	Lip & Chin	\$40
Underarms	\$30	Chest	\$85
Bikini Line	\$50	Back	\$85
Brazilian	\$80		

Shampoo Blow Dry Style	Short	\$45
	Medium	\$65
	Long	\$85

Gentlemen's Facial	60 Minutes	\$215
Sports Man-E-Cure	45 Minutes	\$60
Sports Pedicure	60 Minutes	\$100

The Tropical Detox	4 Hours	\$660
Couple's Ceremony	2 Hours	\$775
Blissful Retreat	5 Hours	\$585

Personal Training Yoga Pilates Meditation		
Private Classes	60 Minutes	\$200
Additional	60 Minutes	\$50 pp
Group Classes	60 Minutes	\$35 pp
Boot Camp	60 Minutes	\$45 pp

To avoid a cancellation full charge, please contact the spa reception to change or cancel spa services at least 6 hours in advance of your scheduled service.

A top-down view of various spa ingredients arranged on a light-colored, weathered wooden surface. In the top left, a folded white towel with dark horizontal stripes is visible. Scattered around are several fresh herbs, including sprigs of green thyme and a larger bunch of green parsley. Two bright orange slices are placed on the table, one near the top center and another near the bottom right. In the bottom left, a small white ceramic bowl is filled with dried lavender buds. To the right of the center, a dark-colored ceramic bowl contains a mound of coarse white sea salt. The overall composition is clean and natural, evoking a sense of relaxation and wellness.

the spa

AT THE PALMS

The Palms | Turks & Caicos Islands | B.W.I. | 649.946.8666 | www.thepalmstc.com