

Jeremy R. Adams
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POSITION APPLYING FOR:

- Apprenticeships
- Laborer
- General Duties
- Cook/Prep-Cook
- General Duties
- Maintenance
- Fish-Processing
- Cleaning, etc.

EXPERIENCE:

- 6 Months- Helped with Furnace Installations (Part Time)
- 3.5 Years- Gas Jockey (Part Time)
- 1.5 Years- Food Prep/Cook (Full Time)
- 6Years- SheetMetal and Furnace Installation (Full Time) 50% Owner & Operator
- 3 Years- Janitorial/landscaping & General laborer (Full Time)
- 2.5 Years- Fish-Processing at Happy Adventure Sea Products as Laborer (Full Time/Seasonal)
- 1.5 Years- Fish-Processing at Terra-Vista Ltd. as Laborer (Full Time/Seasonal)
- 1 Year- Irving/The Goose as Cook/Prep Cook (Full Time)

EDUCATION:

- 2 Years- Air Cadets (LAC)
- 1 Year- Tae Kwon Do (Green Belt)
- Finished High School (Grade 12)
- SheetMetal Apprenticeship (2nd Year)
- Propane Course
- CSTS
- OSSA
- Food Safety Course

SKILLS:

- Computer Skills
- Cooking & Baking Skills
- Sewing Skills
- Cleaning & Organizing Skills
- Various Construction Skills
- Quick Learner

References available upon request

I am a trustworthy & hard working person and I'm sure that I can be a definite asset to your Company, if given a chance.

Regards,
Jeremy R. Adams